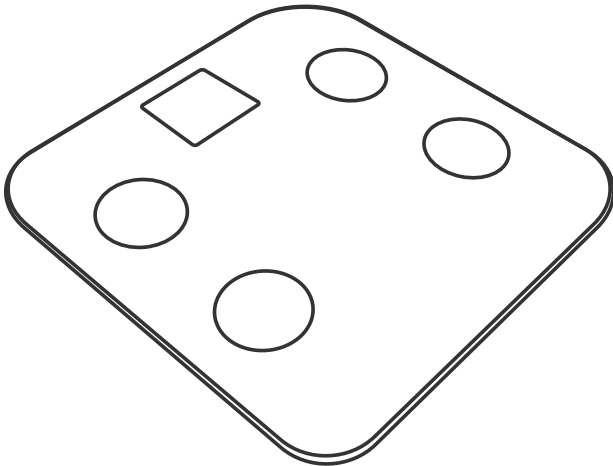




# GALILEO 2



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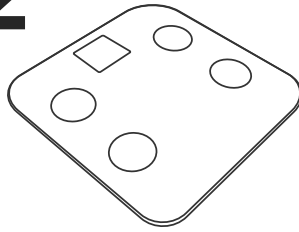
**USER'S MANUAL**

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# GALILEO 2



ENGLISH



Thank you for purchasing the My Weigh® My Weigh® Galileo 2™ Body Analysis scale. Please read all operating instructions carefully before use. This electronic scale is a precision instrument. With normal care and proper treatment, it will provide years of reliable service. For more information please visit [www.myweigh.com](http://www.myweigh.com)

Never load the scale with more than the maximal capacity. Although the My Weigh® Galileo 2™ is designed to be extremely durable with extra overload protection built into the case, overloading will permanently damage it! Avoid any exposure to extreme heat or cold, your scale works better when operated at normal room temperature. Keep your scale in a clean environment. Dust, dirt, moisture, vibration, air currents and/or a close proximity to other electronic equipment can all cause an adverse effect on the reliability and accuracy of your scale. Handle with care. Gently apply all items to be weighed onto tray top. Avoid shaking, dropping or otherwise shocking the scale. Scales are delicate instruments and unlike cellular phones, scales have delicate sensors that determine how much an item weighs. If you drop or shock your scale, these sensors "feel" the shock and are sometimes destroyed. This happens with all digital scales. We design our scales to be as resistant to shock or drops as possible, however there is no way for us to protect 100% against load cell or sensor damage. Failure to follow these instructions will void your warranty.

## OPERATION INSTRUCTIONS

### Inserting batteries

Insert 2 x CR2302 batteries into the battery compartment on the bottom (underside) of the scale.

### Inputting personal data:

Set up your personal data before using the scale. The scale can store up to 8 users personal data.

1. Press **[SET]** to enter the setup mode. The scale will enter the personal data screen. It will flash PN and a number (1-8).
2. This will allow you to select via the arrow keys which user the scale will be calculating data for. Use the **[SET]** key to select your gender or athlete mode, height and age. Use the arrow keys **▼ ▲** to adjust the value.
3. Once you have finished entering your data, the data will be saved and will now automatically go back to the weighing screen.

### Weighing Instructions:

1. After setting up the data, when the LCD displays "0.0" you may stand on the platform directly and your weight will be shown after a few seconds.
2. After the weight is stable, the flashing "0" means that the scale is now measuring your body fat. The "0" will move left to right twice and then display your body fat.
3. After weighing yourself once you can step back on the scale and if you do not select your user number the scale will identify you by your weight. Once you step back on the scale, the scale will list your body fat, water, muscle and bone data consecutively underneath your weight. Please wait until the scale scrolls through all statistics and then step off.

### Changing the Unit

Step on the center of the scale. The scale turns on and starts weighing "0.0" will show on the display, use the **[UNIT]** button under the scale to toggle the desired unit (lb, kg or st).

### Automatic Identification:

Once you stand on the scale the scale will turn on and lock your weight. Once the weight is stable, you will see the "0" moving and that will signify the scale is measuring. If the display can identify the user correctly it will display the weight. If it detects a similar weight it will display the relative user number and you will need to select the correct user via the arrow keys **▼ ▲**. Once the user is selected it will display your data and turn off. If no user is selected the scale will turn off.

## Body Fat, Water and Muscle Ratio

1. The body fat ratio (%) : 3%-50%

Gender	Female				Male			
Age	Underweight	Healthy	Overweight	Obese	Underweight	Healthy	Overweight	Obese
<39	<21%	21.1-33%	33.1-39%	>39%	<8%	8.1-20%	20.1-25%	>25%
40-59	<23%	23.1-34%	34.1-40%	>40%	<11%	11.1-22%	22.1-28%	>28%
>59	<24%	24.1-36%	36.1-42%	>42%	<13%	13.1-25%	25.1-30%	>30%

2. The body water ratio(%) : 25%-75%

Gender	Female			Male		
Age	Low	Normal	High	Low	Normal	High
10-15	<57%	57.1-67%	>67%	<58%	58.1-72%	>72%
16-30	<47%	47.1-57%	>57%	<53%	53.1-67%	>67%
31-60	<42%	42.1-52%	>52%	<47%	47.1-61%	>61%
61-80	<37%	37.1-47%	>47%	<42%	42.1-56%	>56%

3. The body muscle ratio(%) : 25%-75%

Age	Female	Male
	Healthy	Healthy
10-99	>34%	>40%

## Bone Range

4. The bone range (LB) 1.10-22.05 LB

	Female			Male		
Weight	<99.23lb	99.23-132.30lb	>132.30lb	<132.30lb	132.30-165.38lb	>165.38lb
Bone	3.97lb	4.85lb	5.51lb	5.51lb	6.39lb	7.06lb

## SPECIFICATIONS

<b>Capacity</b>	150kg x 0.1kg 330lb x 0.2lb 23st	<b>Units</b>	kg, lbs, st,
<b>Power source</b>	2 x CR2032		
<b>Auto-off</b>	10 seconds		
<b>Working temp.</b>	10° C - 35° C		