7519

TAYLOR® Glass

Glass Electronic Scale

Leading the Way in Accuracy®

Instruction Manual

Thank you for purchasing a Taylor® Glass Electronic scale. All of our precision instruments for weight measurement are engineered and designed to meet the highest quality standards ... to assure you years of uncompromising accuracy and consistently dependable, convenient performance.

These instructions contain important and useful information about this unit's operation. Please read instructions thoroughly to ensure that you have the full benefit of all the unit's features.

Keep these instructions handy for future reference.

General Operation

- 1. This scale operates on 3 "AAA" batteries, which are included. Please see "Battery Installation" section of this manual for installation instructions. Also, some models have a static cling label on the lens to prevent scratching. Please remove before use.
- 2. Your scale has been set at the factory to read weight in pounds. You may select kilogram units of measurement or stone units of measurement (14 pounds = 1 stone) by moving the slide switch on the bottom of the scale.
- 3. Place scale on flat, hard surface. Carpeted or uneven floors may affect accuracy.
- **4.** Step on the scale (disregarding the reading) and step off. This process insures the scale is set and is now ready for use. Do this whenever the scale is moved. At all other times step straight onto the scale.
- 5. Step onto the scale platform and remain still. The display will count up to and then display your weight.
- 6. If you step off of the scale, the display will show your weight for approximately 1 second, then a running zeros pattern ("0000") then will turn off automatically. If you continue to stand on the scale, the display will show your weight for approximately 20 seconds, and then the scale will turn off automatically.

Low Battery

Your Taylor® scale is equipped with a low battery indicator. It will display "bAtt" or readings will grow dim or become irregular if the batteries needs replacement.

Battery Installation

- 1. Use 3 AAA batteries (included. Remove any plastic wrap from the batteries before proceeding). Always replace all batteries at the same time; do not combine old and new batteries. Do not mix Alkaline, carbon-zinc (standard) or Nickel-Cadmium (rechargeable) batteries.
- 2. Open the battery compartment on the bottom of the scale.
- 3. Place the new batteries into the battery compartment according to the "+" and "-" polarity symbols at the bottom of the compartment.
- 4. Replace the battery cover.

NOTE: Please recycle or dispose of batteries per local regulations.

WARNING: Batteries may pose a choking hazard. Do not let children handle batteries.

Trouble Shooting

In Case of Difficulty...

- 1. Place your feet in the same position every time you weigh yourself. Stand still during measurement.
- 2. Weigh yourself without clothing whenever possible. Clothes can vary in weight.
- 3. Move the scale to a location where it won't be bumped. If your scale is bumped while being activated or while in use, an inaccurate reading may occur.
- **4.** For the most consistent readings, weigh yourself at the same time of day. Allow for weight fluctuations due to food or drink in your system.
- 5. The maximum capacity of this scale is 440 lbs / 200 kgs / 31 st 6 lb. Should "Err2" appear on the display during a weighing, this indicates that the maximum weighing capacity of the scale has been exceeded. Remove the weight immediately; otherwise, permanent damage may occur.

Reaching Target Weight

Maintaining proper weight is essential to healthy living. Obesity has been linked to a higher risk of heart disease, diabetes and some forms of cancer. The Body Mass Index (BMI) is the most widely accepted measurement of weight according to health professionals.

Use the chart below to determine your own BMI by matching your height in the left hand column with your weight in the center. Anyone, male or female, with a BMI of 25 to 29 is considered over weight and a body mass index of 30 is considered obese. Remember to eat right and exercise.

Body Mass Index

| | | Е | Body | dy Weight (pounds) | | | | Overweight | | | | | Obese | | | | | |
|-----------------|-----|-----|------|--------------------|-----|-----|-----|------------|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|
| | 58 | 91 | 96 | 100 | 105 | 110 | 115 | 119 | 124 | 129 | 134 | 138 | 143 | 148 | 153 | 158 | 162 | 16 |
| Height (inches) | 59 | 94 | 99 | 104 | 109 | 114 | 119 | 124 | 128 | 133 | 138 | 143 | 148 | 153 | 158 | 163 | 168 | 17. |
| | 60 | 97 | 102 | 107 | 112 | 118 | 123 | 128 | 133 | 138 | 143 | 148 | 153 | 158 | 163 | 168 | 174 | 17 |
| | 61 | 100 | 106 | 111 | 116 | 122 | 127 | 132 | 137 | 143 | 148 | 153 | 158 | 164 | 169 | 174 | 180 | 18 |
| | 62 | 104 | 109 | 115 | 120 | 126 | 131 | 136 | 142 | 147 | 153 | 158 | 164 | 169 | 175 | 180 | 186 | 19 |
| | 63 | 107 | 113 | 118 | 124 | 130 | 135 | 141 | 146 | 152 | 158 | 163 | 169 | 175 | 180 | 186 | 191 | 19 |
| | 64. | 110 | 116 | 122 | 128 | 134 | 140 | 145 | 151 | 157 | 163 | 169 | 174 | 180 | 186 | 192 | 197 | 20 |
| | 65 | 114 | 120 | 126 | 132 | 138 | 144 | 150 | 156 | 162 | 168 | 174 | 180 | 186 | 192 | 198 | 204 | 21 |
| | 66 | 118 | 124 | 130 | 136 | 142 | 148 | 155 | 161 | 167 | 173 | 179 | 186 | 192 | 198 | 204 | 210 | 21 |
| | 67 | 121 | 127 | 134 | 140 | 146 | 153 | 159 | 166 | 172 | 178 | 185 | 191 | 198 | 204 | 211 | 217 | 22 |
| | 68 | 125 | 131 | 138 | 144 | 151 | 158 | 164 | 171 | 177 | 184 | 190 | 197 | 203 | 210 | 216 | 223 | 23 |
| | 69 | 128 | 135 | 142 | 149 | 155 | 162 | 169 | 176 | 182 | 189 | 196 | 203 | 209 | 216 | 223 | 230 | 23 |
| | 70 | 132 | 139 | 146 | 153 | 160 | 167 | 174 | 181 | 188 | 195 | 202 | 209 | 216 | 222 | 229 | 236 | 24 |
| | 71 | 136 | 143 | 150 | 157 | 165 | 172 | 179 | 186 | 193 | 200 | 208 | 215 | 222 | 229 | 236 | 243 | 25 |
| | 72 | 140 | 147 | 154 | 162 | 169 | 177 | 184 | 191 | 199 | 206 | 213 | 221 | 228 | 235 | 242 | 250 | 25 |
| | 73 | 144 | 151 | 159 | 166 | 174 | 182 | 189 | 197 | 204 | 212 | 219 | 227 | 235 | 242 | 250 | 257 | 26 |
| | 74 | 148 | 155 | 163 | 171 | 179 | 186 | 194 | 202 | 210 | 218 | 225 | 233 | 241 | 249 | 256 | 264 | 27 |
| | 75 | 152 | 160 | 168 | 176 | 184 | 192 | 200 | 208 | 216 | 224 | 232 | 240 | 248 | 256 | 264 | 272 | 27 |
| | 76 | 156 | 164 | 172 | 180 | 189 | 197 | 205 | 213 | 221 | 230 | 238 | 246 | 254 | 263 | 271 | 279 | 28 |
| | | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 3 |

Body Mass Index

Precautions

- Clean exposed parts with a soft, slightly damp cloth. To remove stains, use a mild soap. Never use detergents, excess water, treated cloths, harsh cleaning agents, or sprays. Do not attempt to lubricate or open scale casing as this will void your warranty.
- 2. Although your scale is designed to be maintenance-free, it contains sensitive electronic parts. Avoid rough treatment. Do not drop, kick, or jump on it. Treat it with care to ensure the best performance.
- 3. This scale is designed to read weights between 2 and 440 lbs and 1 and 200 kgs and 2 lbs and 31 st 6 lbs. To prevent damage, do not place more than 440 lbs / 200 kgs / 31 st 6 lbs on it.
- **4.** Do not store scale where you store cleaning chemicals. The vapors from some household products may affect the electronic components of your scale. Do not store scale on its side.
- **5.** This scale is an extremely sensitive weighing device. In order to prevent run down of the battery, do not store anything on the scale.
- 6. Do not dispose of batteries in fire. Batteries may explode or leak. Do not mix Alkaline, carbon-zinc (standard) or Nickel-Cadmium (rechargeable) batteries. Remove the batteries if the scale will not be used for a long period of time.

Note: This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Five (5) Year Limited Warranty

This scale is warranted against defects in materials of workmanship (excluding batteries) for five (5) years for the original purchaser from date of retail purchase. It does not cover damages or wear resulting from accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair. Do not return to retailer. Should this scale require service (or replacement at our option) while under warranty, please pack the item in the original packaging and return it prepaid, along with store receipt showing date of purchase and a note explaining reason for return to:

TAYLOR Precision Products, Inc. 2220 Entrada Del Sol, Suite A Las Cruces, New Mexico 88001 USA

There are no express warranties except as listed above. This warranty gives you specific legal rights, and you may have other rights which vary from state to state. For additional product information, or warranty information in Canada or elsewhere outside the USA, please contact us through www.taylorusa.com.

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